Timetable to start **Monday 19th April**

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| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| AM |  | **Irons**(Starting June)7am | **Swimming**(Starting June)6.30am |  |  | **Irons**7am |  |
| PM  | **Masters****Ski**6.45pm | **Youth** | **Club Night**6.30pm | **Surf Boat****Board**6.45pm | **Nippers**(see Facebook page) |  |  |

**Bold Green Sessions** – For Silver Plus and Gold members.

**Bold Orange Sessions** – For Silver, Silver Plus and Gold members.

**Bold Blue Sessions** – For Bronze, Silver, Silver Plus and Gold members.

*This timetable is for club members of our Youth, Senior and Master sections, please check out our Portreath Nippers Facebook page for enquiries about nippers or contact our main Facebook page – Portreath Surf Life Saving Club.*

**Monday** – Masters have priority of club and kit. Time and other information will be communicated through Portreath Masters Facebook page.

Ski will also take place for members on Monday evenings, Ski paddlers must have Level 2 Ski Competency Award. Designated coach will have authority to turn away members if conditions unsafe. 6.45pm start. Information will be communicated through Portreath Surf Squad Facebook page.

**Tuesday** – Youth have priority of club and kit. Time and other information will be communicated through Portreath Youth Squad Facebook page.

**Wednesday** – Fun social, be prepared for anything. Meet outside the SLSC.

**Thursday** – Surf Boat have priority of the club and kit. Time and other information will be communicated through Portreath Surf Boat Facebook page.

Board will also take place for members on Thursday evenings, Board paddlers must have Level 2 Board Competency Award. Designated coach will have authority to turn away members if conditions unsafe. 6.45pm start. Information will be communicated through Portreath Surf Squad Facebook page.

**Friday** - Nippers have priority of club and kit. Information will be communicated through Portreath Nippers Facebook page.

**Saturday** - Irons will take place for members on Saturday mornings, paddlers must have Level 2 Competency Award in each of the 3 disciplines. Designated coach will have authority to turn away members if conditions unsafe. Information will be communicated through Portreath Surf Squad Facebook page.

**Weekday Morning Sessions** – Both sessions will start in June. Our Wednesday morning swim session will be communicated via a created Facebook messenger group, please ask Paul Skinner to be added. This session will be a 45-minute swim session. Swimmers must have Level 2 Surf Swim Competency Award. Designated coach will have authority to turn away members if conditions unsafe.