Portreath SLSC Covid Training Session EAP

This EAP is designed to set out how the club will deal with an incident during a training session at Portreath Beach.

With all the incidents detailed bellow it is important to remember that wherever possible a distance of 2 m should be maintained.

The lifeguard is the first person to respond when dealing with an incident. They will give 3 whistle blasts to alert the bubble lead/ level 2 coach if they are not already aware.

The Level two coach must be informed that an incident is underway. The bubble lead will do this while the rescue is being performed by the lifeguard. This will be done by giving three blasts of a whistle or sending a runner to their location (ensure runner returns to your location).

When an incident is underway the bubble lead will stop the activity and if a water session is taking place then the participants are cleared of the sea. The participants must be grouped together in a safe environment (with adult supervision if a nipper or junior session). This grouping must maintain the 2 metre social distancing and bubbles must remain separate.

The level 2 coach will assume command of the incident firstly they will ensure the PPE and First aid grab bag are sent to the scene. The next task is to assess the situation and call the emergency services. This will be done via mobile phone through (Coastguard 999) as a backup there is a vhf radio in the club. If other services are required inform the Coastguard control staff who will arrange this.

If decontamination of the lifeguard/rescuer is needed the level 2 coach will instruct the designated decontamination operative to set up the area outside the wooden bin store.

On completion of the incident the responsible person must fill in the ‘Incident Report Form’. Due to Covid-19 this should be done electronically rather than entering the club to gain access to the paperwork. (Forms found on SLSGB website). At this point any learning outcomes should be recorded and reported to the next committee meeting.